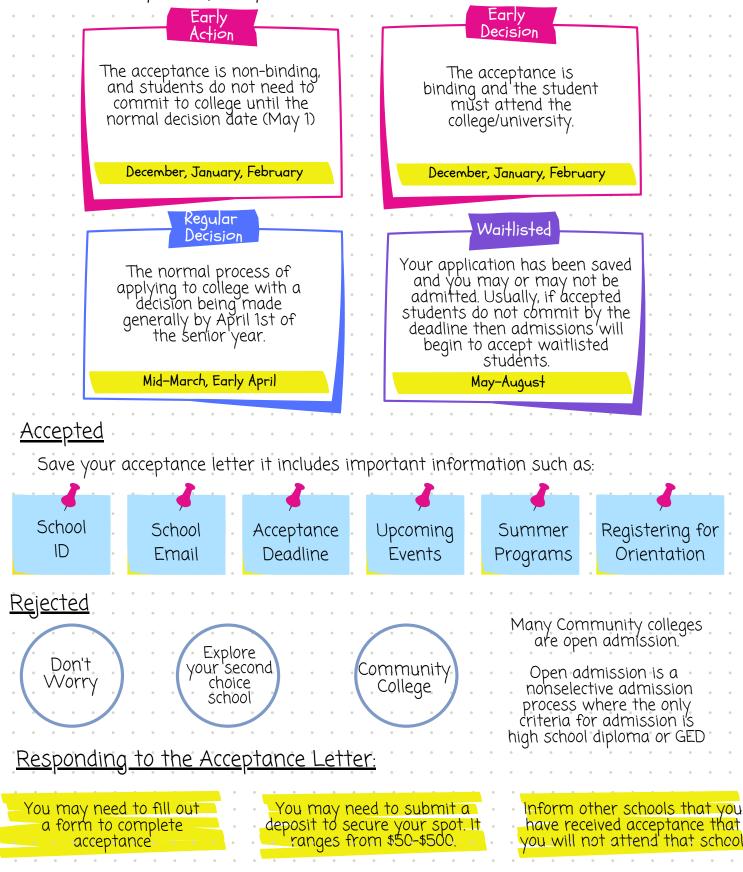


When should you expect your letter?





Determine Your Match & Fit Academic Match Cost of Choice Aptitude, Skills, Interest Will I have enough Does this school have the Does this school have the financial aid to pay for degree you need for your best program for you? this school? career? Does this school offer Academic Support Does this school offer How much student loan Services? networking opportunities? debt will I have at this school? Social and Emotional Retention Can I picture myself on Does this school keep this campus? students to graduation? Does this school have Does this school have clubs or organizations I'm support services to help interested in joining? me through school? Campus Visits Take the opportunity to learn about the school you want to attend. Keep an open mind, you may be surprised by what the school has to offer. Questions to ask. How helpful are administrators, staff, and faculty? How is student involvement on campus? How big are your classes? Is there diversity on campus? Do classes fill quickly during scheduling? Do employers recruit on campus? What's your biggest complaint about your school? Is Career Services helpful? Are there development opportunities on campus? What is the greatest strength of your school? What's the best way to pick a dorm? Are sports popular on campus? How do a get a roommate and can we meet before school starts? Where do students eat on campus and off campus? How much time do students spend studying each What is transportation like on campus? week? What services are most used by students? How safe is campus?

What are popular places on campus?

How is the Wi-Fi on campus?



Compare Financial Aid Offe	<u>ers</u>	• • • • •	· · · · · ·	• • • • •	•
Cost of Attendance The school's Cost of Attendance wi attend that school for that academ		nticipated amo	ount it will co.	st you to	•
Found on your financial aid offer or	email your financial	aid counselor	at the college	or university.	•
	· · · · · · · · ·	• • • • •	• • • • •	• • • • •	•
How much are you being offere	d in financial aid? .	0 0 0 0 0	0 0 0 0	0 0 0 0 0	•
	isplay all the financ nts, VVork Study, a	1 0	alify for in t	he form of	•
ESTIMATED COST OF ATTENDANCE	\$38,400			• • • • •	•
Tuition and fees:	\$24,500				•
Room and board:	\$9,400				
Books, materials, and supplies:	\$1,000				
Personal, travel, misc:	\$2,000				•
Computer	\$1,500				•
Aid Description	Fall	Spring	Total	• • • • •	•
Federal Perkins Loan	\$1,000	\$1,000	\$2,000		•
Federal Stafford Loan - Subsidized	\$1,750	\$1,750	\$3,500		•
Federal Stafford Loan - Unsubsidized	\$1,000	\$1,000	\$2,000	• • • • •	•
School Scholarship	\$7,500	\$7,500	\$15,000	• • • •	•
Federal Pell Grant	\$500	\$500	\$1,000	• • • • •	•
Federal Supplemental Educational Opportunity Grant (FSEOG)	\$500	\$500	\$1,000		•
State Scholarship	\$450	\$450	\$900	0 0 0 0	•
Federal Work-Study (FWS)	\$1,500	\$1,500	\$3,000		•
• • •					
Total			\$28,400		Ĭ
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What other aid do you have?		• • • • •	• • • • •	• • • • •	•
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College	Personal		1 1 1	arships	
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Determine out of packet cost
After all financial aid is applied, will you still owe money and/or have funds for additional needs?
Cost of Attendance 🚍 Financial Aid 🔚 Net Price
Net Price The amount that a student pays to attend an institution in a single academic year AFTER applying scholarships and grants to the student's fee bill.
Be mindful of taking out student loans:
How much money will you need to borrow? Use the student loan debt?
Talk It Out
After you have worked through your options talk about it with your parent(s), guardian(s), mentor, and/or counselor.
They can help give a different perspective and ask questions you may have missed.
Important Deadlines
Fee Bill Payment Housing Deposit Orientation Class Scheduling

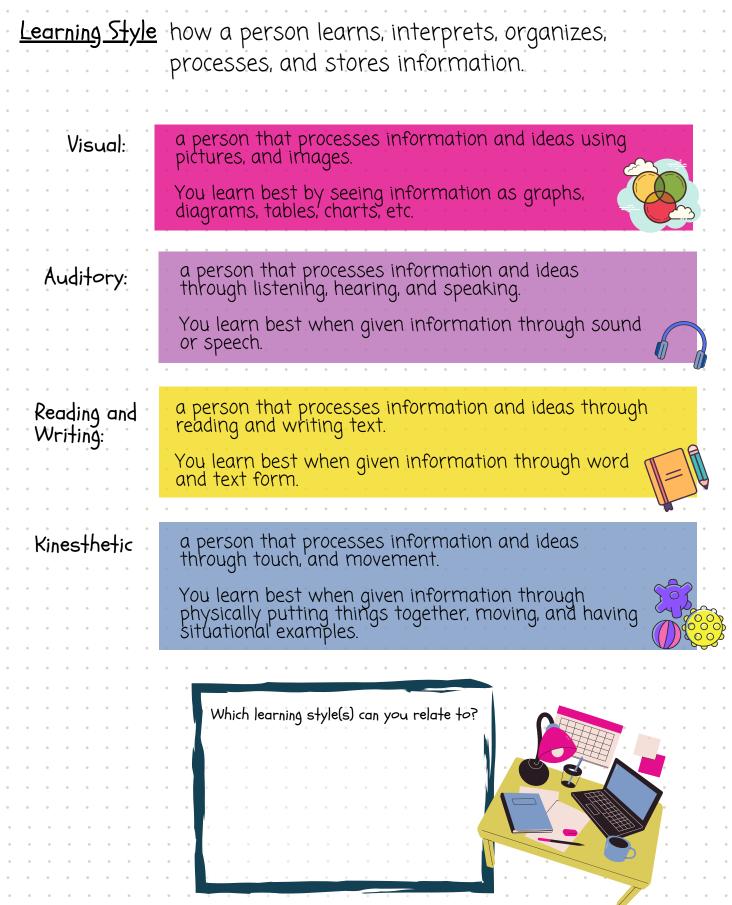


<u>Orientation</u> During orientation you will atte You will learn about:	end information sessions and advising.
Student Organizations Policies	Campus Resources Rules
Get Student ID	Greek Life about Majors
Safety Schedul Classes	
Parents and/or Guardians	may also attend orientation
usually include: Orientation Schedule Imm Places you want to explore on campus Identification Card Passport License Permit Interested major Dual	one tebook and Npencil pack enrollment credit or AP credit script
VVear comfortable shoes Light jacket if you get cold indoors Umbrella Appropriate and comfortable clothes Eye wear	Keep your energy up VVater • Refillable water bottle is helpful Snacks • Prepackaged that can be eaten on the go like a granola bar or bag of chips.



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Get To Know You Study Strategies



Visual:	· · · · · · · · · · · · · · · · · · ·
Demonstration How-to video Diagram Step by step with pictures	Notetaking Have white space in your notes. • Don't cram too much information on one page. Use spacing to separate your notes.
	Draw symbols and pictures to understand information
Flash cards	Use highlighters for main ideas, examples, and definitions
	Draw stars next to information you understand
Graphs and Charts	Use an exclamation point to show important information
	Question marks can be used to show information that is confusing or requires extra study time.
	Illustrate concepts and processes with a diagram, chart, graph, or flow chart.
 Make outlines Outline the textbook chapter as you read 	 Example: parts of the cell, breakdown a math problem into steps.
• Use heading subheading and bullet points	CUE WINNOW OUT THE CHAFF. Right Now UT'S A DISPECTED TARGET. The 'me, we, you' idea me: I share sometiving we: we do it together you: we have a go and if you're striggling me jump back to we, then me.
Make your own practice tes	10 give you an example of whino wing. 14 its like 'Dan, that's wing in here, you'll go YES!" for some things you hight go 'Yesh'. lights a Buy Yesh'. With in time, con someone take these which time, con someone take these which time, con someone take these which time as someone. Start with we all un " leave freeling
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Get To Know You Study Strategies

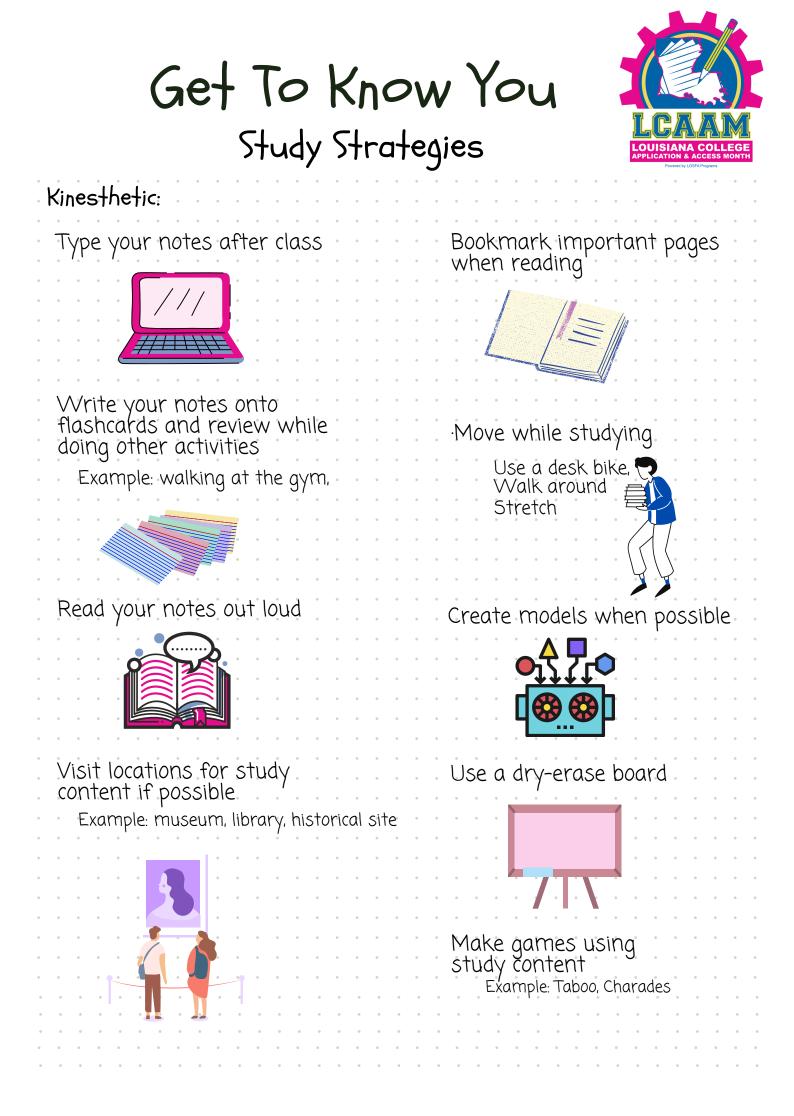


Auditory:	
Read your notes aloud	Work in quiet areas Reduce distractions Listen to classical music for background noise
Listen to lectures record if allowed to review later	Use audio textbooks when available
	1 1
Use mnemonic devices, rhymes, jingles, and repetition	Have a study buddy or study group Quiz each other on content. Have discussions on the content. Teach each other the content.
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Get To Know You Study Strategies



Reading and Writing:	Powerd by LOSFA Programs
Re-write your notes	Organize your notes into a PowerPoint
Use colored pens and highlighters Focus on key content	Compare your notes to your study buddys
Print your notes/lectures and write notes in the margins	Write key concepts
VVri- diagran	te explanations for ns, charts, and graphs





Time Management organizing and p make the most	planning tasks to of your day.
How to manage your time:	· · · · · · · · · · · · · · · · · · ·
○ Set goals	 Schedule your day
 Identify time-wasters Prioritize tasks Determine the time to complete a task. Track expected time and actual time 	Set aside time for different tasks Be realistic Create routine
 Make a to-do list Determine the most productive part of the day Morning person or night person 	Study routine example: 1. make a cup of tea 2. light a candle 3 turn on study music 4. put on a sweater 5. open study timer 6. set phone to do not disturb 7. get started
Schedule of where you need to be	· · · · · · · · · · · · · · · · · · ·
 Schedule of people you live with Schedule breaks Pomodoro technique 	A study routine or ritual helps your brain and body know it is time to focus. The more you complete the routine the easier it becomes.
 25-minute focus and 5-minute breaks after 4 rounds take a longer break (15 minutes) Track how many rounds for each task to better plan future schedules 	Smell is a great way to help you focus your mind. Try chewing the same flavor gum when you are studying. Chew that same flavor while taking the test and it can help with recalling information.
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Basic Needs Housing: Most Freshman are required to live on co Residence Halls: Owned and operated by the university This is th	
Owned and operated by the university. This is the You are usually grouped by year (freshmen), colle Off-Campus: You may decide to live in a house or apartment	
You may decide to live in a house or apartment apartments are considered "college-living" these university but primarily serve college students Commuting:	apartments are not owned by the
If a student's parents' home is close to campus and commute to school each day.	then some students stay at home
Dining Halls	Food Bank
Dining Halls Places on campus to eat. The dining hall is similar to a cafeteria where different meals are served daily. You can use your meal plan to pay for your meal and some will accept other funds.	Food Bank A place on campus that has basic food items and nonperishable items for free if a student is experiencing food insecurity.



<u>Academic</u> Academic Advisor										
The person that helps you schedule classes to fulfill graduation requirements and stay on track to graduation.										
Your academic advisor will help determine which AP credit and dual enrollment credits can transfer towards your degree. Questions to ask an Academic Advisor:										
 Which credits from high school will transfer? What courses do students struggle with for my major? What classes are only offered in one semester? What classes require pre-requisites or co-requisites? Are my GPA and graduation plans realistic? Can I graduate early? How will dropping a course affect me? 										
Tutoring and Writing Centers Offer free services for tutoring in specific subjects, also provide test-taking help, and study-tips. May have one-on-one services and group services.										
Writing centers assist with proofreading, creating outlines, learning types of writing, and developing learning skills.										
Advisors can often help you plan how to break down and complete a large project such as a semester long research project called a capstone research project.										
Library										
Offers online resources for research Often has study spaces for students both individually and in groups										
Often has a computer lab area and printing services Also offers help to find research resources										



Professors	• • • • • • • • • • • • • • • • • • •	· · · · · · · · · · · · · · · · · · ·									
Introduce yourself to your professors	Find out office hou and meet with the										
Study Groups	· · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·									
Create one with your classmates and friends or join one that is offered by student services											
<u>Social</u>	· · · · · · · · · ·	· · · · · · · · · · · · · · · · · · ·									
Clubs and Organiz	ations										
Professional and Organizations that he develop students for fields or an area Connects you to stude same major Offers networking opp professionals from spe	elp prepare and specific career a of study nts in the portunities with	Service Organizations focused on serving others, often dedicated to specific areas such as the environment, underserved populations, mental health, or children.									
Culture Organizations that celes different races, ethn heritages, and other Native American Stud The American Associat University Women	orate and support icities, cultural social identities ent Affairs tion of	Greek Letter Organizations Organizations identified using the Greek alphabet that have a focus on service, academics, professional, and/or social events. • Often have requirements such as an invitation to join based on academic achievement and extracurricular involvement.									



<u>Financial</u> Financial Aid Office Helps students understand their financial	aid such as grants; loans, and scholarships							
Students can ask their financial aid counselor about aid being received and potential aid in the future	Reach out to financial aid if there has been a significant change in income from when you completed your FAFSA							
Bursar's Office or Student Accounts Students pay their fee bill with this office	• • • • • • • • • • • • • • • • • • •							
 They can explain charges that are on fee bill. ➡ If you are having delays with processing the Bursar's Office/Student Accounts for (push back payment date). They also process student refunds. Career Center Helps you explore career options and preprint of the process and prepre	y your financial aid you can speak to r options such as deferring payment							
Often offers career exploration testing for free Often offers career exploration career for	ervices sume erview They also help students find internships, part-							
Campus Bank Provides resources for May have ATMs fo								



Emotional and Physical

Health Center

Provides services for students that are sick

May also provide assessment services for learning disabilities and other disorders

Sometimes have an on-campus pharmacy for certain prescriptions

Recreational Services

The university gym where students, faculty, and staff can exercise with cardio and strength training equipment

May offer group fitness classes

May have additional amenities like a pool, sauna, or rock climbing wall

Mental Health Services

Disability Services

Provides mental healthWorks with students with disabilitieresources such as counseling,provide services and accommodationsassessments, medicationhelp students to succeed in school.management, group workshops,Services may include:	
and urgent care services Peer note-taking services	• • •
Extended test-taking time	
Testing in a quiet area	
Parking pass for accessibility	
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<u>Bridge Programs</u>	A summer program that helps student prepare for and transition to college.								
Students usually live-in specific residence halls (dorms)									
Students may t Taking courses	take college-courses depending on the program. during the summer provides the opportunity to:								
Sevelop stu	udy skills								
🍉 Fill in know	/ledge gaps								
Students learn helps students	about and identify resources on campus. This develop								
🍉 Develop sel	f-advocacy skills								
Students becom semester begins	e comfortable with campus before the fall								
	that processes information and ideas through touch, ment.								
You learn putting th examples.	best when given information through physically nings together, moving, and having situational								
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<u>Care</u>	<u>r Exploration:</u> Learn about different career options in your field of interest.										
	Contact the career counseling center to learn about resources offered.										
	Take career/major exploration tests to determine interests, skills, and values your possess that relates to careers.										
	Often offered through the career counseling center Usually offered free of charge for current students										
• • • •	May be a more in-depth assessment than the ones taken in high school										
\Rightarrow	Take time to job shadow professionals in careers of interest										
• • • • •	Once or twice a week spend time (hour to 2 hours) following a professional while they do their work										
\Rightarrow	Work a summer job or internship										
• • • •	Apply for positions that are paid in the career field you are interested in if possible										
• • • •	Internships may be paid or unpaid										
\Rightarrow	Explore job postings										
• • • •	Search for your dream career										
• • • •	Learn the job duties of potential careers										
• • • •	Identify the experience needed to help plan your academic career										
	Review the anticipated salary for positions of interest.										
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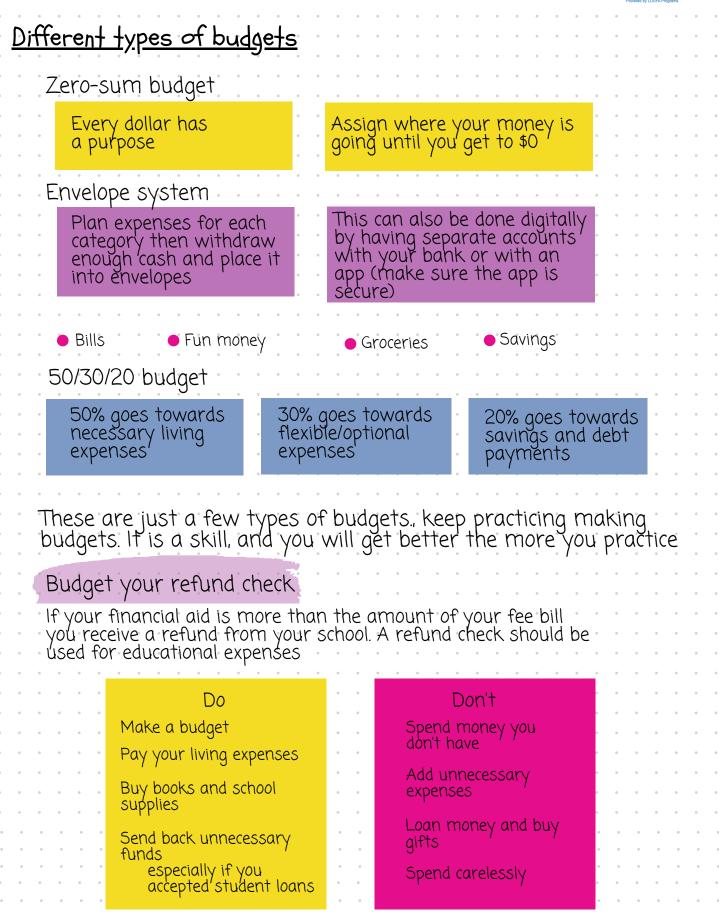


<u>Things to do during the summer:</u>
🧭 Pay your fee bill
Make sure financial aid is secured and posted to your fee bill on your college/university student account
If you do not pay the fee bill your classes will be dropped and you may have difficulties getting back into those classes
Make payment arrangements through the Bursars' office or Student accounts if experiencing a delay in financial aid processing
Make housing arrangements
Determine housing payment deadline. Housing is first come first served based on when the deposit is paid
Make sure housing is secured and you have received confirmation from college/university housing
Find a roommate. If you do not have a roommate housing can match you with someone based on a questionaire
Determine move-in dates and prepare accordingly.
 Select a meal plan May be included with housing plan if living on-campus
➡ Will you eat more in the cafeteria on will you eat at campus restaurants?
Make sure dual enrollment credits and AP credits transfer Check your academic record with the college/university
→ If dual enrollment credits/AP credits are not showing up:
make an appointment submit dual enrollment with an academic advisor credit documents
Check your class schedule to ensure you are not retaking that credit has already been earned



<u>Budg</u> P P		eded to get your such as:	started for co	llege and		•	• • • • • •						
• • • •	Bedding	Basic cookware	Clothes	Backpack	•••	•	• •						
• • • •	Toiletries	Text books	Laptop	Towels		•	• •						
E	Budgeting allows you to take control of your money. Give every dollar a job												
	Needs: the item	ns needed to survive	2			•	• •						
	Food	Shelter	Clothing			•	• •						
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