



## LOSFA's 5-Point Match Worksheet (Military)

**Student Name:** \_\_\_\_\_

**High School:** \_\_\_\_\_

### Aptitude, Skills, Interest Match:

1. What do I want to be? \_\_\_\_\_
2. What are my interests, skills and abilities? \_\_\_\_\_
3. Have I researched the physical requirements for my desired branch? \_\_\_\_\_
4. Have I taken the ASVAB? \_\_\_\_\_
5. Have I researched the minimum AFQT score for the branch I want to enlist in? \_\_\_\_\_
6. What is my entry rank? \_\_\_\_\_
7. What military occupation am I interested in? \_\_\_\_\_
8. Does my career field require any additional education or specialized training? \_\_\_\_\_

Helpful Resources: ACT Profile, Unlock My Future, Today's Military (Provides the minimum AFQT scores for each branch of the military).

### Academic Match:

*\*Fill in this section to the best of your ability.*

Are you on target to meet graduation requirements?  
\_\_\_\_\_

Cumulative GPA: \_\_\_\_\_ ACT Composite Score: \_\_\_\_\_

TOPS GPA (Only TOPS Core Classes): \_\_\_\_\_ English Subscore: \_\_\_\_\_

ACT WorkKeys Score: \_\_\_\_\_ Math Subscore: \_\_\_\_\_

AFQT Score: \_\_\_\_\_

\*Please note if you qualify for a TOPS Award and are active duty military, you could qualify for a Request for Exception and may be able to apply to have your award reinstated once your active duty term is over.

### Cost of Living Match:

*\*Go to [laworks.net/mylife](http://laworks.net/mylife) to complete this section. Choose a region in the state and complete the following information.*



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How much are my monthly expenses going to cost? (Please note these are estimates).

A. Housing:	_____	E. Healthcare:	_____
B. Utilities:	_____	F. Personal:	_____
C. Food:	_____	G. Uniforms/Supplies:	_____
D. Transportation:	_____	H. Miscellaneous:	_____
Total (Add A-H):		_____	

Helpful Resources: My Life, My Way. Today's Military; Individual Military Branch websites.

### Social/Emotional Match:

Do I want to be active duty or would I prefer part-time duty? \_\_\_\_\_

Am I open to relocating? \_\_\_\_\_

Have I met with a military recruiter? \_\_\_\_\_

Have I met with my parents/guardians and my recruiter in an informational meeting? \_\_\_\_\_

Have I met with a counselor to help me select a career path? \_\_\_\_\_

Will this job be fulfilling? Will I be satisfied doing it? \_\_\_\_\_

Helpful Resources: Today's Military.

### Retention Match:

*\*Additional research on your career will be required for this section.*

1. Are there opportunities for job advancement? \_\_\_\_\_

2. Will this career offer me the flexibility I may need later in life? \_\_\_\_\_

3. Is this a temporary job or a career I can see myself doing long term? \_\_\_\_\_

4. Will I need a higher level of education to be eligible for job advancement? \_\_\_\_\_

5. What educational/training opportunities are available to help me achieve my long-term goals?  
\_\_\_\_\_

*\*If you answer no to Q1 or Q2 be sure to complete the postsecondary sheet.*

*\*If you answer yes to Q3 or Q4, be sure to complete the postsecondary sheet.*