



LOSFA's 5-Point Match Worksheet (Military)

Student Name: _____

High School: _____

Aptitude, Skills, Interest Match:

1. What do I want to be? _____
2. What are my interests, skills and abilities? _____
3. Have I researched the physical requirements for my desired branch? _____
4. Have I taken the ASVAB? _____
5. Have I researched the minimum AFQT score for the branch I want to enlist in? _____
6. What is my entry rank? _____
7. What military occupation am I interested in? _____
8. Does my career field require any additional education or specialized training? _____

Helpful Resources: ACT Profile, Unlock My Future, Today's Military (Provides the minimum AFQT scores for each branch of the military).

Academic Match:

**Fill in this section to the best of your ability.*

Are you on target to meet graduation requirements?

Cumulative GPA: _____ ACT Composite Score: _____

TOPS GPA: Only TOPS Core Classes _____ English Subscore: _____

ACT WorkKeys Score: _____ Math Subscore: _____

AFQT Score: _____

*Please note if you qualify for a TOPS Award and are active duty military, you could qualify for a Request for Exception and may be able to apply to have your award reinstated once your active duty term is over.

Cost of Living Match:

**Go to laworks.net/mylife to complete this section. Choose a region in the state and complete the following information.*



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How much are my monthly expenses going to cost? (Please note these are estimates).

A. Housing:	_____	E. Healthcare:	_____
B. Utilities:	_____	F. Personal:	_____
C. Food:	_____	G. Uniforms/Supplies:	_____
D. Transportation:	_____	H. Miscellaneous:	_____
Total (Add A-H):		_____	

Helpful Resources: My Life, My Way. Today's Military; Individual Military Branch websites.

Social/Emotional Match:

Do I want to be active duty or would I prefer part-time duty? _____

Am I open to relocating? _____

Have I met with a military recruiter? _____

Have I met with my parents/guardians and my recruiter in an informational meeting? _____

Have I met with a counselor to help me select a career path? _____

Will this job be fulfilling? Will I be satisfied doing it? _____

Helpful Resources: Today's Military.

Retention Match:

**Additional research on your career will be required for this section.*

1. Are there opportunities for job advancement? _____

2. Will this career offer me the flexibility I may need later in life? _____

3. Is this a temporary job or a career I can see myself doing long term? _____

4. Will I need a higher level of education to be eligible for job advancement? _____

5. What educational/training opportunities are available to help me achieve my long-term goals?

**If you answer no to Q1 or Q2 be sure to complete the postsecondary sheet.*

**If you answer yes to Q3 or Q4, be sure to complete the postsecondary sheet.*